

Parent Café

Fall Into Routine

School has started and routines can be hard to return too!

- * Stress is real
- * Routines can be hard
- * Let's talk about those changes and learn from each

other

Please Join Us In-Person

Thursday, September 14, 2023

10:00am-12:00pm

Hosted by **Parenting Help Program**

In-person presentation Held at Moody Early Childhood Center

Parent Engagement Room

Please Note: No late entry will be permitted after 10:15am

Sponsored by DePelchin Children's Center

